

Mind & Method

of a High Stake Trader

+ live trading

London 29th April 2022



Thoughts on

- trading teachers
 - trends
 - your journey

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TOM HOUGAARD | LIVE TRADING + MIND & METHOD OF HIGH STAKE DAY TRADER

CHARLIE BURTON | FINDING LOW RISK, ULTRA HIGH REWARD TRADES

SUNIL MANGWANI | TRADING DIVERGENCE WITH FIBONACCI RATIOS

ADAM HARRIS | DAY & SWING PRICE ACTION TRADING

PRICE 14067.15 OPEN 14066.65 CLOSE 14067.15 GERMANY 40 - ROLLING CASH
HIGH 14074.65 LOW 14061.15 DATE: 04-28 10:10 13955.2



POWERED BY
ChartIQ

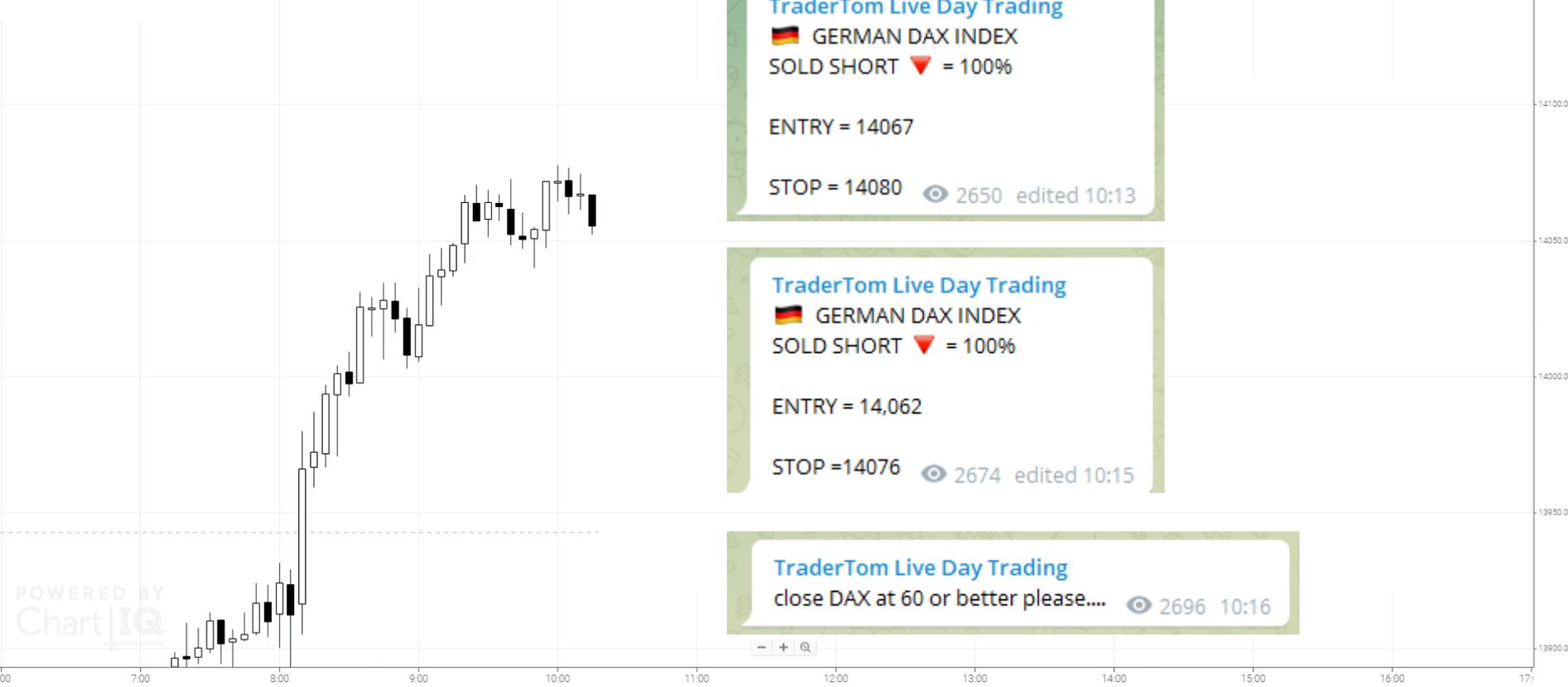
- + 🔍

TraderTom Live Day Trading
GERMAN DAX INDEX
SOLD SHORT ▼ = 100%
ENTRY = 14069.8
STOP = 14085

GERMANY 40 - ROLLING CASH



GERMANY 40 - ROLLING CASH



TraderTom Live Day Trading

GERMAN DAX INDEX

SOLD SHORT ▼ = 100%

ENTRY = 14067

STOP = 14080 2650 edited 10:13

TraderTom Live Day Trading

GERMAN DAX INDEX

SOLD SHORT ▼ = 100%

ENTRY = 14,062

STOP =14076 2674 edited 10:15

TraderTom Live Day Trading

close DAX at 60 or better please.... 2696 10:16

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ChartIQ

- + 🔍

Process vs. Profits

That trade – and one earlier - yielded 40 DAX points.

Considering I am trading £200 a point per trade in the DAX, it was an £8,000 day.

Do that every day, ~~and~~ you make £2m a year.

OR 250 days – do it 60%/40% = £400,000





GERMANY 40 - ROLLING CASH

POWERED BY
ChartIQ

TraderTom Live Day Trading

GERMAN DAX INDEX

SOLD SHORT ▼ = 100%

ENTRY = 14067

STOP = 14080 2650 edited 10:13

TraderTom Live Day Trading

GERMAN DAX INDEX

SOLD SHORT ▼ = 100%

ENTRY = 14,062

STOP =14076 2674 edited 10:15

TraderTom Live Day Trading

close DAX at 60 or better please.... 2696 10:16

- + 🔍

141000
140500
140000
139500
139000

6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00

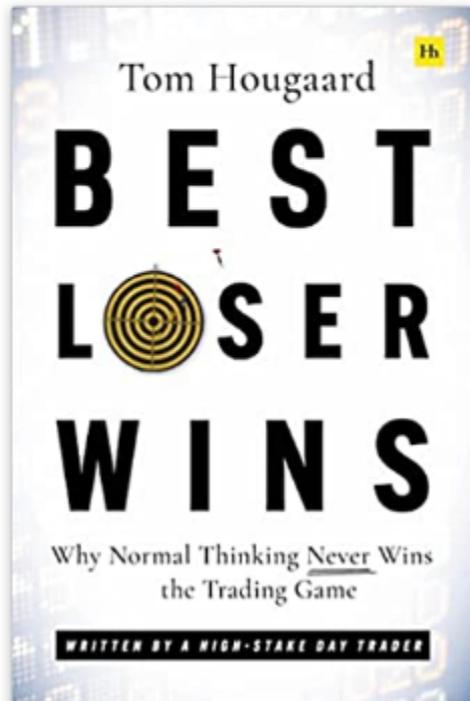
GERMANY 40 - ROLLING CASH



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Best Loser Wins: Why Normal Thinking Never Wins the Trading Game – written by a high-stake day trader

by [Tom Hougaard](#) (Author)

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The REAL secret to trading success

- 1) Know thyself
- 2) Amend thyself
- 3) Self analysis beats technical analysis
- 4) Know your markets
- 5) Set time aside to prepare yourself to deal with the part of your mind that 90% of traders fall victim to repeatedly
- 6) Trade only when you are truly ready



25 thousand traders – 43 million trades – 15 months

Winning trades % _____

Pips won on average _____

Losing trades % _____

Pips lost on average _____





25 thousand traders – 43 million trades – 15 months

Winning trades % 62%

Pips won on average 43 pips

Losing trades % 38%

Pips lost on average 83 pips

$62 * 43 = 2,666$ pips

$38 * 83 =$ **minus 3,154 pips**





What you will learn

In this 3 hour talk, Tom Hougaard will discuss the following topics:

1/ As a high-stake stock index trader (FTSE/DAX/Dow) Tom will reveal what price action setups he finds reliable to trade in big size. His trading size is up to £3,200 a point in the FTSE index, and up to £1000 a point in the DAX index.

2/ Tom will execute trades in indices if setups appear during the speech, albeit in a trading size that will allow him to still focus on giving the talk on Mindset.

3/ Tom will give his insights into the Ideal Mindset for a day-trader, referencing his material from his up-coming book "Best Loser Wins", which is published in June 2022 by Harriman House.

This is a one-of-a-kind workshop, where a trader will trade live and explain how he does it. It is an intimate insight into the mind of a prolific high-stake trader.

Tom Hougaard is the winner of multiple trading competitions, one time turning £25,000 into more than one million pound over the course of a year.

The event is being filmed.

Let's go over the last 11 trading days of the FTSE index – and focus on the time frame from 10am until 1pm.

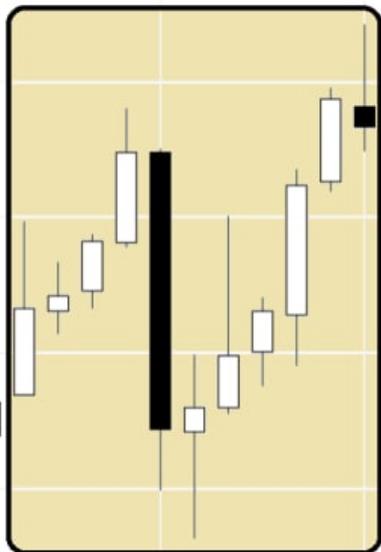
- What has worked?
- What has not worked?
- The charts are 10min

THE EXCUSE SECTION

Trading from a laptop – on a stage – with my back to the screen – with no overview of what related markets are doing (Dax / Dow / Nasdaq) is not an ideal situation.

I wanted to trade live though because I think when you educate, you have to stand by your research. We can all trade well “after the fact.” I am not doing it for any other reason than to hold myself accountable – come rain or sun.

UK 100 - ROLLING CASH
7611.5



POWERED BY
Chart IQ

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7611.5

7550.0

7540.0

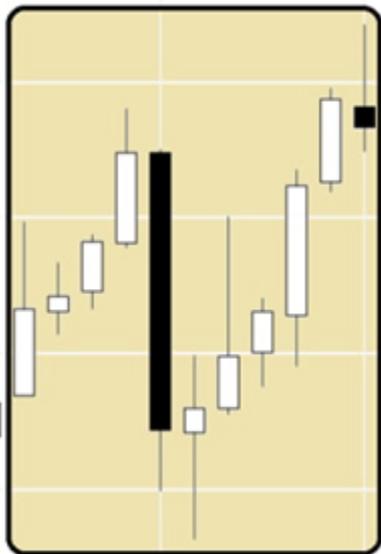
7530.0

7520.0

7510.0

7500.0

UK 100 - ROLLING CASH
7611.5



1

2

1/ Double top with close past half way of bar - following by inside bar

2/ Close below low of prior bar - sell short - followed by series of lower highs

3/ Close above prior bar high - buy

4/ Close below low of prior bar low

5/ Limit order sell at prior bar high

UK 100 - ROLLING CASH

7608.8

7608.8



POWERED BY
ChartIQ

- + @

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500 600 700 800 900 1000 1100 1200 1300

7580.0
7570.0
7560.0
7550.0
7540.0
7530.0

UK 100 - ROLLING CASH

7608.8



1/ Bull bar - close above prior bar high

2/ Limit order sells

3/ Close below prior bar low

4/ Limit order buys

5/ Close below prior bar low

6/ NASTY :))

7/ Close below prior bar low



7608.8

7580.0

7570.0

7560.0

7550.0

7540.0

7530.0

500

600

700

800

900

1000

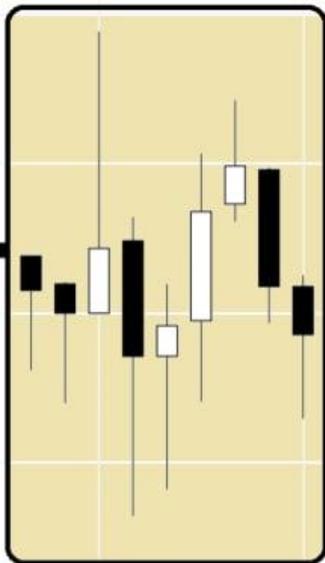
1100

1200

1300



UK 100 - ROLLING CASH
7608.8



UK 100 - ROLLING CASH
7608.8

1/ Close above prior bar high

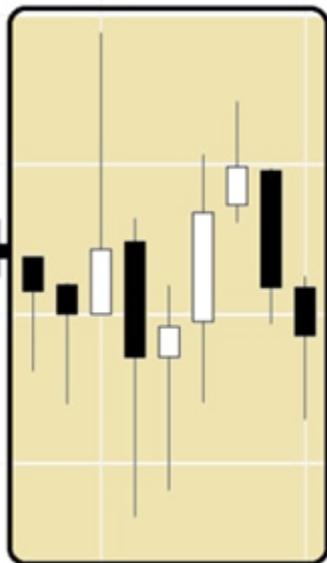
2/ Limit order sells

3/ Close below prior bar low

4/ Limit order sells

5/ Close above prior bar high

6/ News



- + Q

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UK 100 - ROLLING CASH

7603.2

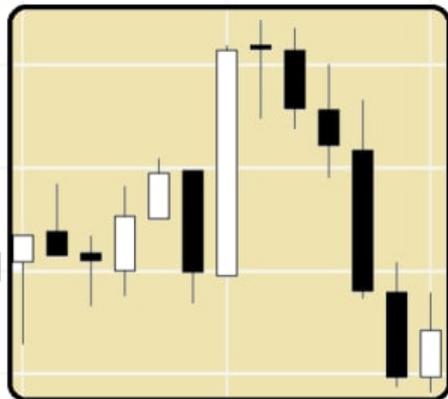


Share Prices shown on charts are MID prices. Historical data is indicative only.

Tick 1 Min 2 Min 3 Min 5 Min 10 Min 15 Min 30 Min 1 Hour 4 Hour 1 Day Week Month

UK 100 - ROLLING CASH

7608.8



7620.0
7610.0
7608.8
7600.0
7590.0
7580.0
7570.0
7560.0
7550.0

POWERED BY
ChartIQ

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6:00

7:00

8:00

9:00

10:00

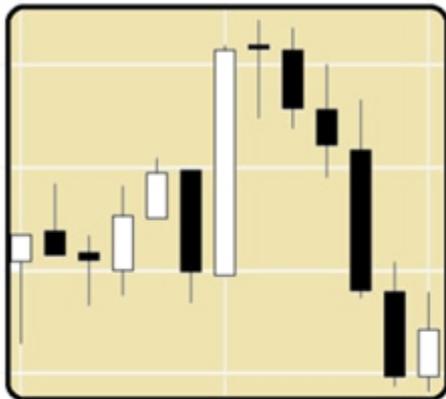
11:00

12:00

13:00

14:00

UK 100 - ROLLING CASH
7608.8



- 1/ Close above prior bar high
- 2/ 2-4 - Limit order sellers making money
- 5/ Close above prior bar high - stronger bull bar
- 6/ Close below low of prior bar

1
2
3
4
5

6

7620.0
7610.0
7608.8
7600.0
7590.0
7580.0
7570.0
7560.0
7550.0

UK 100 - ROLLING CASH

7608.8



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ChartIQ

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UK 100 - ROLLING CASH
7608.8



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UK 100 - ROLLING CASH

7608.8



POWER TV
Chart IQ

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UK 100 - ROLLING CASH

7608.8



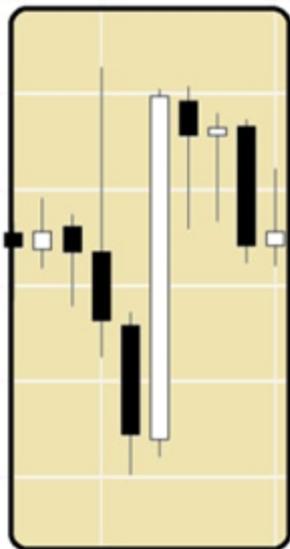
POWER TV
Chart IQ

- + Q

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UK 100 - ROLLING CASH

7608.8



1

2

!!

3

POWERED BY
ChartIQ

- + Q

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7610.0
7608.8



UK 100 - ROLLING CASH

7608.8



very tight range

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- + Q

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UK 100 - ROLLING CASH

7608.8



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UK 100 - ROLLING CASH

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UK 100 - ROLLING CASH

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UK 100 - ROLLING CASH
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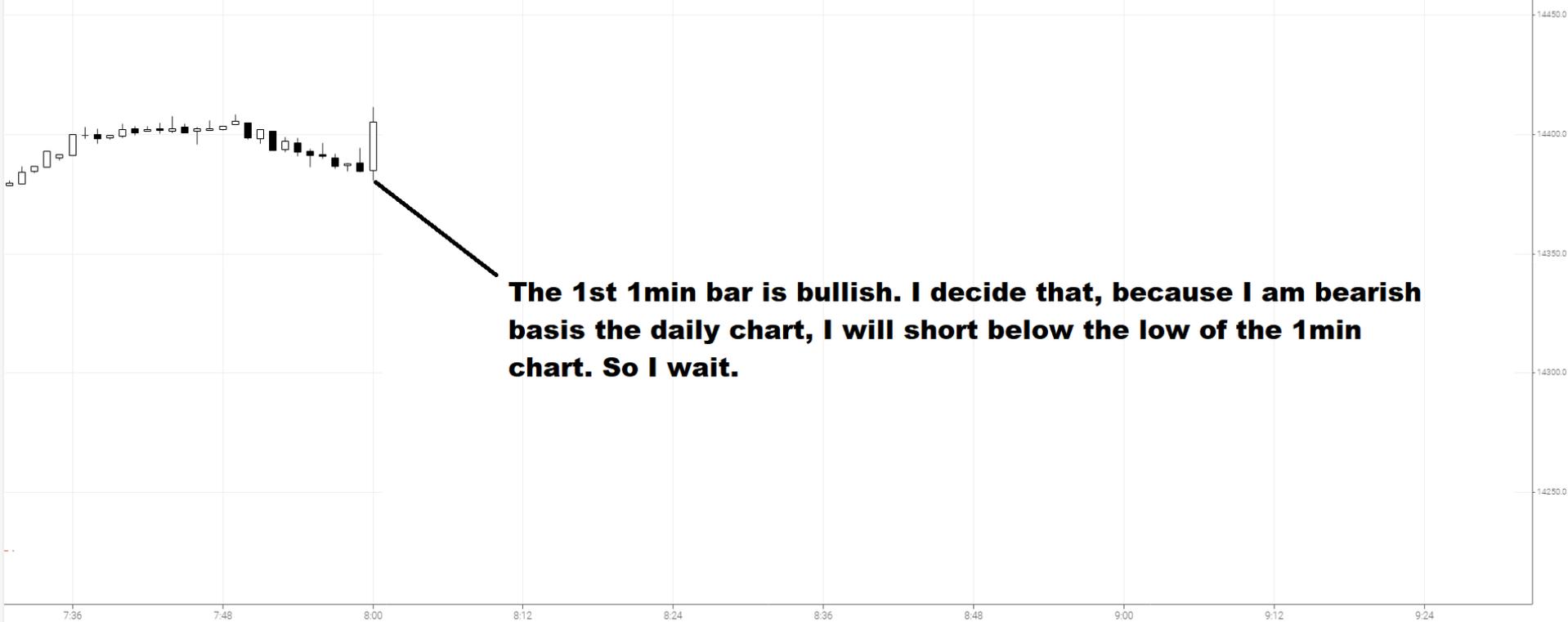
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TRADE SETUPS

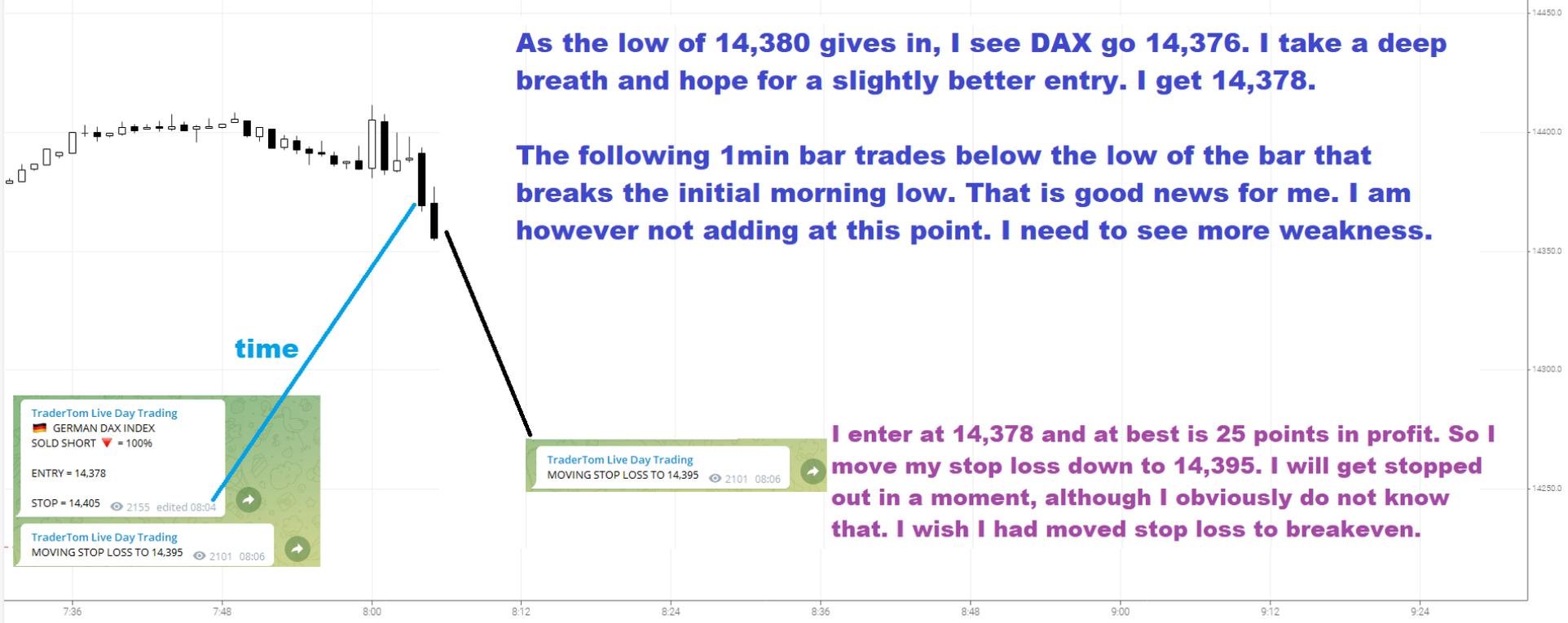
- 1) Trending markets
- 2) Strongly trending markets
- 3) Range bound markets
- 4) Generic setups



DAX 1min chart 6th April 2022



DAX 1min chart 6th April 2022



DAX 1min chart 6th April 2022

I get stopped out of my trade, but I immediately enter. That will prove to be a bad idea.

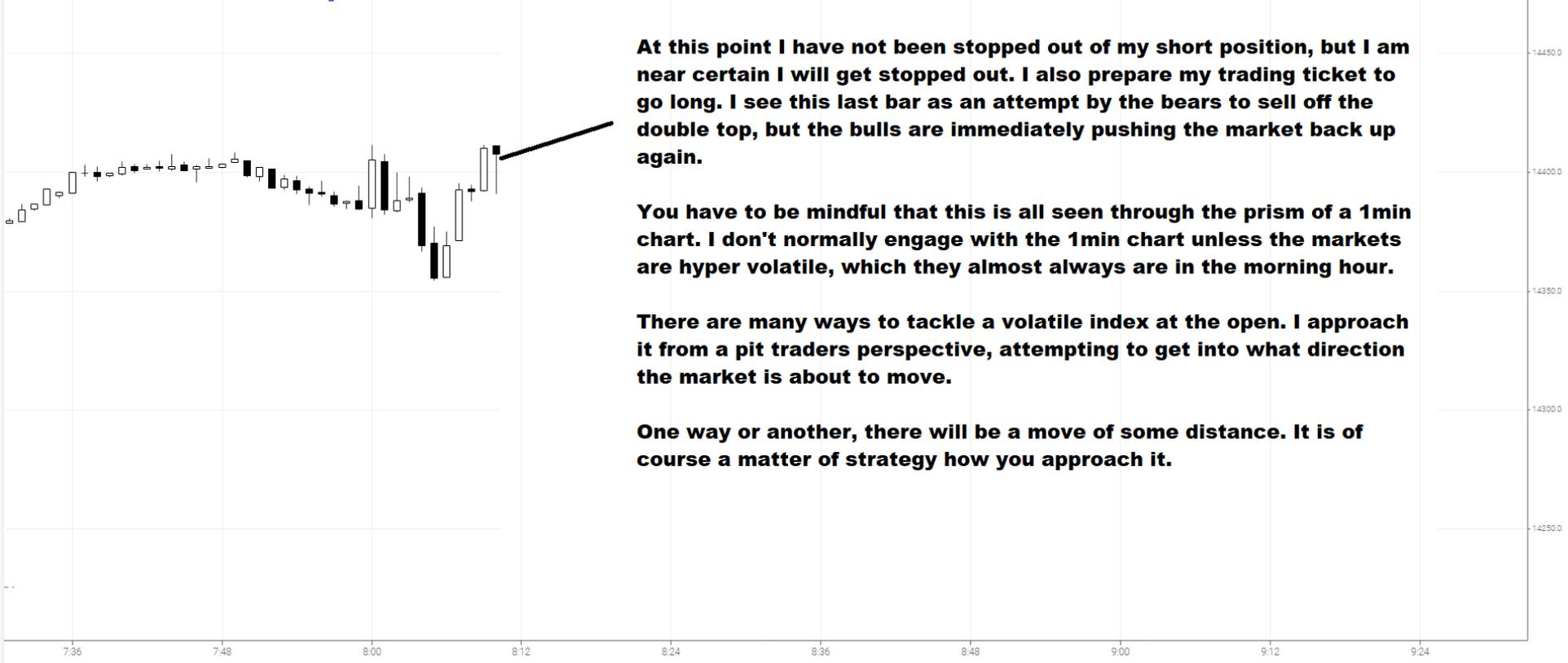
At this point I see this as a sell signal.

TraderTom Live Day Trading
🇩🇪 GERMAN DAX INDEX
SOLD SHORT ▼ = 100%

ENTRY = 14,393

STOP = 14,415 👁 2382 edited 08:08

DAX 1min chart 6th April 2022



At this point I have not been stopped out of my short position, but I am near certain I will get stopped out. I also prepare my trading ticket to go long. I see this last bar as an attempt by the bears to sell off the double top, but the bulls are immediately pushing the market back up again.

You have to be mindful that this is all seen through the prism of a 1min chart. I don't normally engage with the 1min chart unless the markets are hyper volatile, which they almost always are in the morning hour.

There are many ways to tackle a volatile index at the open. I approach it from a pit traders perspective, attempting to get into what direction the market is about to move.

One way or another, there will be a move of some distance. It is of course a matter of strategy how you approach it.

DAX 1min chart 6th April 2022



I very quickly establish a long position. Over the space of 2 minutes I enter 4 long positions. My stop are not particularly competently placed.

At one point I am seeing DAX trading at 14,438. At that point I am plus 48 DAX points in profit.

However, I decided to hold on to the trade rather than scalp because I suspect this market wants to move higher. The Daily chart has held 14,370 4 times, and I am beginning to wonder if my bearish stance is wrong.

DAX 1min chart 6th April 2022



14,405 - just 5 points away from my stop loss on 2 of my open positions.

very hopeful

less hopeful

I am within 5 points of being stopped out of 2 trades. I escape and DAX charges higher again. I am thinking this time it will push through 14,440, so I add one more trade at 14,430. I am now long 5 DAX positions at £200 each. My average price is about 14,432.

I make a note to the traders in the Telegram group, wondering what will come first: 14,400 or 14,440. That comment is derived from a concept I have observed take place in the markets over and over. I will cover that in a moment.

TraderTom Live Day Trading
GERMAN DAX INDEX
BOUGHT LONG 100%
ENTRY = 14,416
STOP = 14,390 2299 edited 08:11

TraderTom Live Day Trading
GERMAN DAX INDEX
BOUGHT LONG 100%
ENTRY = 14,420
STOP = 14,390 2360 edited 08:11

TraderTom Live Day Trading
GERMAN DAX INDEX
BOUGHT LONG 100%
ENTRY = 14,433
STOP = 14,400 2359 edited 08:12

TraderTom Live Day Trading
GERMAN DAX INDEX
BOUGHT LONG 100%
ENTRY = 14,435
STOP = 14,400 2361 edited 08:12

TraderTom Live Day Trading
What comes first? 14,400 or 14,440 2348 08:17

TraderTom Live Day Trading
GERMAN DAX INDEX
BOUGHT LONG 100%
ENTRY = 14,430
STOP = 14,405 2352 edited 08:18

DAX 1min chart 6th April 2022



TraderTom Live Day Trading
<https://t.me/c/1238535538/39473> and
<https://t.me/c/1238535538/39474> stopped out for minus 33 and
minus 35
2303 08:26

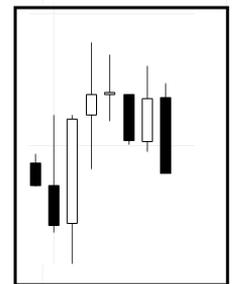
TraderTom Live Day Trading
Hmm
I will do stats later.. right now I need to get short....
2255 edited 08:33

2 positions gets stopped out.

At this point here, at the 33rd 1min bar of the session I have a very strong sense that the market is weak.

I post a message to say that I will do the statistics later. I just need to get maximum short.

What I am seeing is a market that twice attempted to get above 14,440 and hold 14,400. When that failed, and I was stopped out of both short positions at 14,390, I knew I had to get short as quickly as I could.



5min chart perspective

DAX 1min chart 6th April 2022



TraderTom Live Day Trading
GERMAN DAX INDEX
SOLD SHORT ▼ = 100%

ENTRY = 14,385
STOP = 14,425 2381 edited 08:34

TraderTom Live Day Trading
GERMAN DAX INDEX
SOLD SHORT ▼ = 100%

ENTRY = 14,376
STOP = 14,415 2376 edited 08:34

TraderTom Live Day Trading
GERMAN DAX INDEX
SOLD SHORT ▼ = 100%

ENTRY = 14,363
STOP = 14,415 2402 edited 08:35

PRICE 7588.2 OPEN 7590.6 CLOSE 7588.2 UK 100 - ROLLING CASH
HIGH 7591.9 LOW 7588 DATE: 04-06 08:46 7592.1



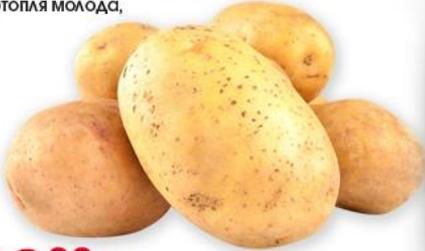
ПРО КОМПАНІЮ ▾
НА ГОЛОВНУ
🔊

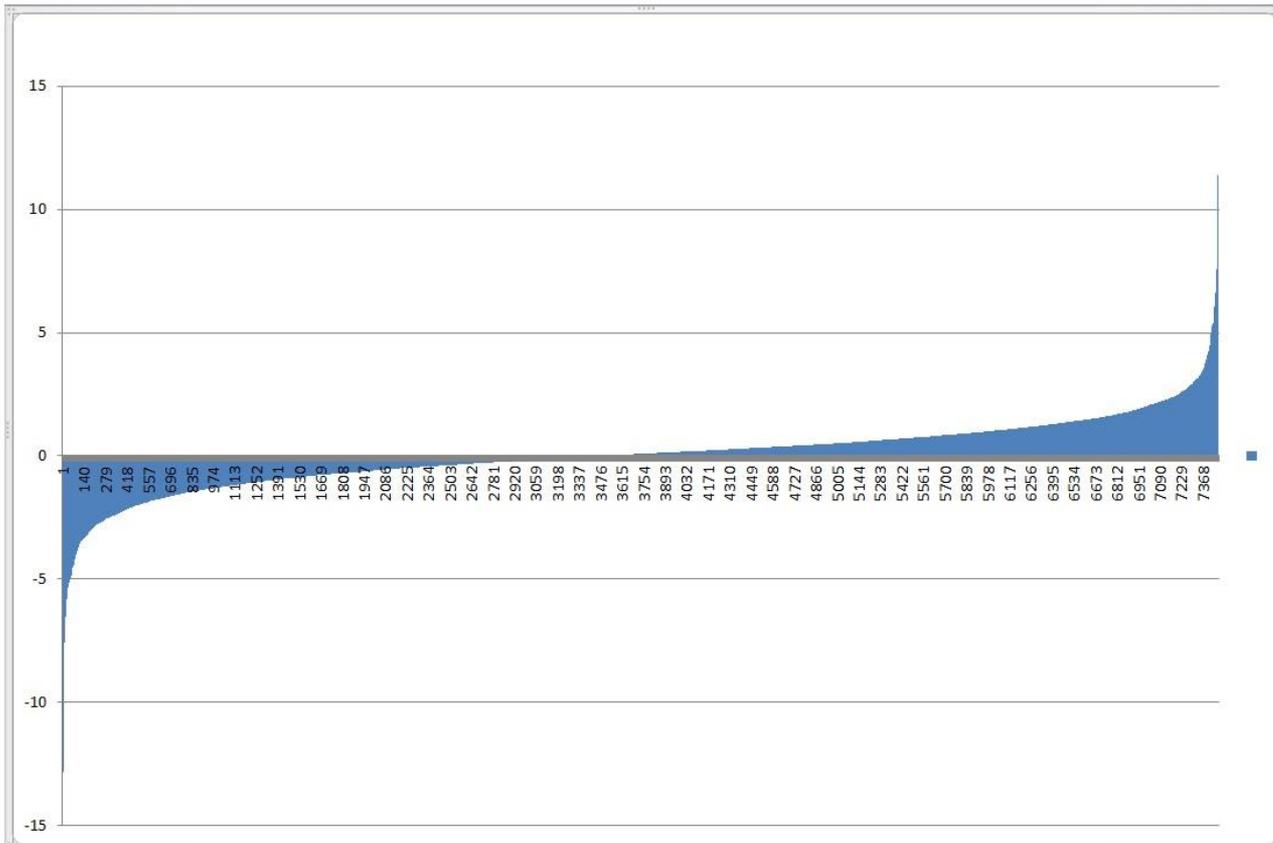
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0 800 601 729

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🇺🇦

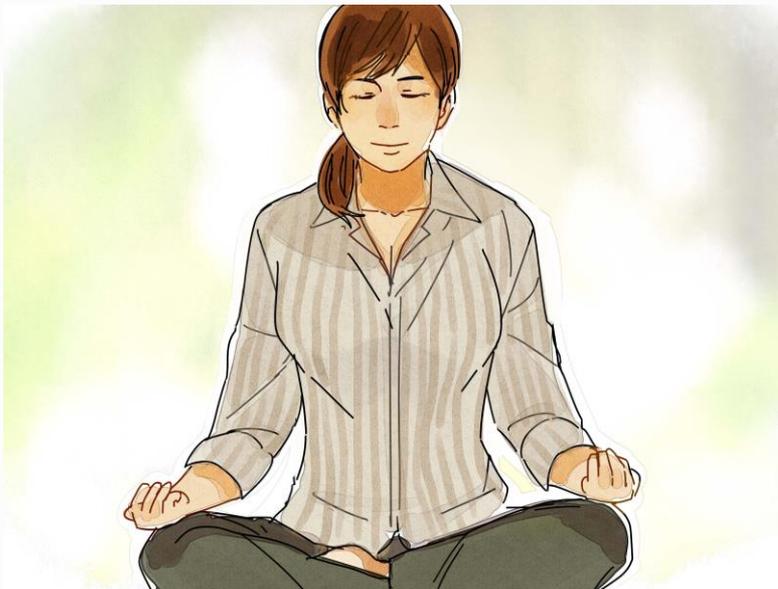
<p>Капуста молода, кг -36%</p>  <p style="font-size: 1.5em; font-weight: bold; color: red;">8⁹⁹ 13⁹⁹</p> <p style="font-size: 0.8em;">Акція діє в м. Київ, м. Бориспіль, м. Бровари, м. Буча, м. Вишневе, м. Черкаси, м. Тернопіль, м. Рівне</p>	<p>Картопля молода, кг</p>  <p style="font-size: 1.5em; font-weight: bold; color: red;">19⁹⁹</p> <p style="font-size: 0.8em;">Акція діє в м. Київ, м. Бориспіль, м. Бровари, м. Буча, м. Вишневе, м. Черкаси, м. Тернопіль, м. Рівне</p>	<p>Філе куряче охолоджене, кг -10%</p>  <p style="font-size: 1.5em; font-weight: bold; color: red;">59⁹⁹ 66⁹⁹</p> <p style="font-size: 0.8em;">Акція діє в м. Київ, м. Бориспіль, м. Бровари, м. Буча, м. Вишневе, м. Рівне, м. Тернопіль, м. Черкаси</p> <p style="text-align: right; font-size: 0.8em;">Акції в супермаркетах »</p>
<p>Ковбаски-гриль з печінкою охолоджені, кг -11%</p>  <p style="font-size: 1.5em; font-weight: bold; color: red;">57⁹⁹ 64⁹⁹</p> <p style="font-size: 0.8em;">Акція діє в м. Київ, м. Бориспіль, м. Бровари, м. Буча, м. Вишневе, м. Черкаси, м. Тернопіль, м. Рівне</p> <div style="text-align: right; margin-top: 5px;">  </div>	<p>Ніжки курячі Апетитні охолоджені, кг -14%</p>  <p style="font-size: 1.5em; font-weight: bold; color: red;">55⁹⁹ 64⁹⁹</p> <p style="font-size: 0.8em;">Акція діє в м. Київ, м. Бориспіль, м. Бровари, м. Буча, м. Вишневе, м. Черкаси, м. Тернопіль, м. Рівне</p> <div style="text-align: right; margin-top: 5px;">  </div>	<p>Шашлик свинячий Барбекю охолоджений, кг -11%</p>  <p style="font-size: 1.5em; font-weight: bold; color: red;">79⁹⁹ 89⁹⁹</p> <p style="font-size: 0.8em;">Акція діє в м. Київ, м. Бориспіль, м. Бровари, м. Буча, м. Вишневе, м. Черкаси, м. Тернопіль, м. Рівне</p> <p style="text-align: right; font-size: 0.8em;">Акції в супермаркетах »</p> <div style="text-align: right; margin-top: 5px;">  </div>



What you are seeing here is a distribution chart of the percentage gain or loss on the day for the Dow Jones cash index over 30 years.

It should be relatively easy to see that the distribution of winning days and losing days is pretty even. There is a 50.4% chance of Dow closing up on the day. There is a 49.6% chance of Dow closing down on the day.

What does that tell you? Remember, 30 years ago Dow was trading at 2,000. Now it is at 35,000.



F E A R

“Let not thy heart be troubled, let it not be afraid – so long as ye are conscious of thy effort.”

Live Trading

TraderTom runs two live trading channels. You are welcome to be part of both. There is no cost to either of them.

Day Trading Channel: Live day trading all day – very active channel with time sensitive live calls.

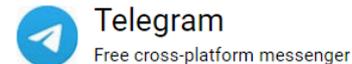
Swing Trading Channel: Live swing trading – 3-5 trades a week – ideal for people who have other jobs.

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CONTACT

Telegram = @TomHougaard

Email = hello@tradertom.com



Thank You

hello@tradertom.com

Tom Hougaard

www.TraderTom.com